

ROTHERHAM

INTEGRATED CARE PARTNERSHIP | HEALTH AND SOCIAL CARE

SENSORY SEATING IDEAS – for the movement seekers out there!

1/ Beach Ball half for younger children - inflated so the hips to sink into the ball and allows movement



2/ Gym/Therapy ball. Use of a swim noodle for added stability



3/ Swim noodle set



Pool Noodle Seat

ROTHERHAM

INTEGRATED CARE PARTNERSHIP | HEALTH AND SOCIAL CARE

FOOT FIDGET IDEAS

Stretchy band/rope threaded through 2 tennis balls



Think and Roll Foot Roller from Cheap Disability Aids (approx. £20)

DIY OPTION: Theraband threaded through a pool noodle



