



Referral received in to Getting Advice Pathway. All referrals are triaged for urgency /risk within 24 hours

Referrals triaged as urgent will then be sent to the CYP Crisis Team and Intensive Community Support Team for urgent assessment/crisis management. Once crisis management is complete young person is either discharged from CAMHS or referred on to appropriate pathway as per routine referrals

Referrals triaged as routine / non-urgent - Consultation and advice offered by Getting Advice to following parties where relevant; child/young person, parent/carer and professional network.

Following consultation where no mental health concerns are identified, signposting information is provided to relevant universal/specialised services outside of CAMHS and the child/young person is discharged

Following consultation where mental health concerns are identified the child/young person is opened to the appropriate pathway within CAMHS

ADHD Post Diagnosis
Offer both medical and non medical support where ADHD diagnosis is already established.

Children Wellbeing Practitioners
Screen referrals and when appropriate offer low level intervention.

Getting Help Offer
Offer assessment, brief intervention and/or extended consultation regarding more complex mental health concerns.

Intellectual Disabilities
Offer assessment, intervention and/or consultation regarding children and young people who have moderate – severe learning disability alongside mental health concerns.

Eating Disorders
Offer assessment and/or intervention whereby the concerns are in relation to eating disorder

Child Sexual Exploitation
Offer consultation to professional network whereby concerns are around CSE/ CCE.

With Me in Mind
can offer low level intervention and/or consultation to school – only available to schools who are part of WMIM.

Psychological therapies
Offer consultation, supervision for other CAMHS staff and therapeutic interventions for young people and families (only available following comprehensive assessment from Getting Help). Therapeutic approaches include Art Psychotherapy, CAT, CBT, CFT, DDP, EMDR, Narrative Therapy, Psychotherapy, Systemic/Family Therapy.

Following consultation where no mental health concerns are identified signposting information is provided to relevant universal/specialised services outside of CAMHS and the child/young person is discharged.

Any requests solely for neurodevelopmental assessment are declined by getting advice and signposted to separate process.